



喜訊

慕光以你們為榮，
未來在你們手中。

出版：慕光英文書院學校推廣組

設計：袁妙娥老師

學校推廣組

2011年6月

慕光學生 多藝多才 獲獎豐盈 打造精彩

中文朗誦

中華文化

演講比賽

作文

《家庭實況劇 一念之間》徵文比賽

(主辦機構：香港社會福利署)

班別	學生姓名	成績
5C	劉騰龍	觀塘區 高中組冠軍
5F	譚普健	觀塘區 高中組亞軍
3A	辜凱琦	觀塘區 初中組亞軍
3A	郭文媛	觀塘區 初中組季軍
3A	梁偉杰	觀塘區 初中組優異獎
3A	鍾惠潘	觀塘區 初中組優異獎



「關懷接納助更生」全港學生演講比賽

(主辦機構：香港仔街坊福利會社會服務中心
——社區中心、南區撲滅罪行委員會)

班別	學生姓名	成績
7A	蔡思思	預科組亞軍
7A	陳凱程	預科組優異獎
7A	蘇思謙	
6A	洪婉菁	
6A	蔡玉燕	
6A	余翰文	
6A	周芷欣	
6A	吳律添	
6A	庄亮亮	
6A	陳明昌	
6A	劉鴻基	
6A	李賜欣	
7A	王安妮	預科組良好獎



2010/2011 中國中學生作文大賽

香港賽區——文學之星

(主辦機構：香港津貼中學議會、
香港中學校長會、香港中文中學聯會)

班別	學生姓名	成績
5A	蔡曼曼	優異獎
5A	蔡茵茵	
5A	鄺權勝	



2010 第十二屆

「全港中小學普通話演講比賽」

(主辦機構：新市鎮文化教育協會
合辦機構：語常會 教育局 香港電台普通話台)

班別	學生姓名	成績
3B	曾雪珠	九龍區初中組比賽優異獎



謝婉雯醫生紀念獎學金

「中學生公開徵文比賽」

(主辦機構：香港胸肺基金會)

班別	學生姓名	成績
2A	鄺雅妍	優異獎



英語朗誦 獎項盈豐

奧數精英 敏捷機靈



Certificate Report of Speech Festival (English Classes) Proficiency

Class	Competitor
3A	Chan Hiu Lam Rainbow
3A	Kau Celine
3A	Chow Hoi Ching
4F	Wong Nga Tung

Certificate Report of Speech Festival (English Classes) Merit

Class	Competitor	Class	Competitor	Class	Competitor
4F	Huang Xin Yan Sammy	4F	Wong Yan Ting	5F	Tong Ting Lun
4F	Lai Ka Ying	5A	Lai Tin Yan Divine Grace	6B	Ng Sze Man
4F	Leung Ka Wai	5B	Lee Yan Ki Eda		
4F	Li Hiu Man	5F	Chung Wai		



「華夏盃」全國中小學數學奧林匹克 2011

班別	學生姓名	成績
1C	李子軒	三等獎
1D	林愷晴	
2A	鍾惠掌	
2B	劉榮林	



華夏盃之「亞洲盃」奧數之星 創新思維總決賽 2011 (深圳舉行)

班別	學生姓名	成績
1D	林愷晴	二等獎
2C	劉世文	二等獎
2A	鍾惠掌	三等獎



「第二屆 Super24 邀請賽」 (22/1/2011)

班別	學生姓名	成績
1C	李子軒	三等獎
2B	劉榮林	



2011 港澳數學奧林匹克公開賽《港澳盃 HKMO Open》香港賽區 (主辦機構：香港數學奧林匹克協會)

班別	學生姓名	成績
2C	劉世文	中二組個人成績 (銀獎)
2B	劉榮林	中二組個人成績 (銅獎)
2A	吳曉儀	中二組個人成績 (銅獎)
3A	陳 宏	中三組個人成績 (銀獎)
4F	周韋樂	中四組個人成績 (銀獎)
4A	許龍騰	中四組個人成績 (銅獎)

火炬

慕光英文書院校報



第56期 2011年6月

出版顧問：吳道邦校長

製作指導：中文版：陳月華老師 黃威雄老師

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我校康寧道年宵市場攤位貨品銷售暢旺 成功將學科理論實踐獲可觀盈利與經驗

● 4A 吳承宇 4F 陳家聲 ●

「好消息！好消息！我們年宵攤位營運財政報告終於出來了，我們的盈利是……」。喜悅之餘，回想起擬定計劃書，爭取籌辦活動機會，再競投攤位位置，最後選購貨種，當中我們有不少爭執、互助、汗水、歡笑，這一切都成為我們美好的回憶。

這一次的活動是由會計科、學校推廣組及校友會合辦。當競投成功後，甚麼貨品適合售賣？對象是甚麼人？經過我們商議之後，我們購入了竹蜻蜓、UFO飛碟、兔公仔及其他應節物品。

當值方面，我們分為三個時段，全隊也分為三個小組，每一時段都有一組組員及一位老師當值。在銷售貨物時，起初大家都是很被動的，因為大家都害怕失敗。最後大家都踏出第一步，選擇主動出擊。大除夕黃昏時分，我們所有的貨品都售罄了！

「我們的盈利大約是5,000元！」方老師愉快地宣佈，隊員們聽到這個消息都欣喜萬分！

這一次的年宵攤位，讓我們將學科理論實踐於生活中，完全達到了預期的目標，可以說是雙贏——獲得盈利和豐富了我們的人生經驗！

1月30日（農曆12月27日）下午情景



2月1日（農曆12月29日）晚間情景

校監會見校友懇切交談 勉勵延續慕光建校理念

● 畢業校友 張惠娟 ●

2011年3月26日的同學會聚會已圓滿結束，很開心有緣與校友相聚。還記得我由不知怎樣開始籌備活動，到參與人數大破記錄，這一切令我感受良多。多謝大家支持！

當天聚餐前，約30位校友到達慕光校園，隨後於學校禮堂集合，與吳道邦校長見面。其後籌備聚餐的幾位成員有幸能拜訪校監。這是我首次踏足校監的居所——舊校七樓，並與校監有近距離的談話和接觸。當時，我們談及慕光的建校歷程，並得知慕光最初是由杜葉錫恩校監、杜學魁校長及戴中先生三位一起策劃籌辦，發展至今已成為一間有規模的學校。雖然校監年事已高，但現在仍有魄力閱覽學校文件至深夜。在知悉我們同學會經常有聚會時，校監感到很高興，並希望此舉能把慕光建校理念一直延續及傳頌下去。最後，校監走到居所大門，深情的送別我們。二十多分鐘的短敘令我印象難忘，銘記於心。



校監在家居會見校友



久別重逢，濟濟一堂！



賓客入席前，來張大合照！

遊覽濕地公園



春陽播暖綠滿丘 濕地公園結伴遊 觀賞生態享佳饌 溫馨歡愉銘心頭 ～親子一日遊後記～

5D 羅麗洙

3月27日是家長教師會舉辦親子旅行的日子，共有113人參加。當天，我們所到的景點全集中在新界北區，那裏是靠近大自然的地方。行程的首站是位於天水圍的濕地公園，園內種滿了不同品種的花草樹木，更有觀鳥亭供遊人賞鳥，令人暫時忘記市區的煩囂，盡情投入大自然的懷抱。同學們都把握機會與家人在公園裡拍照，留住美好的回憶。

到了中午，我們在流浮山一家酒家品嚐了一頓豐富的海鮮午餐，而大家滿心期待的抽獎環節也在此時進行，不論是抽中了普通獎或大獎，各得獎者都十分高興。流浮山一程亦充滿購物樂趣，在那裡售賣的食品十分地道，而馳名的茶果更令人垂涎三尺。最後，我們再到「美味棧」遊逛，在愉悅的氣氛中踏上歸程。

在今次活動中，令我最大得着的是能夠與家人、老師及同學共享郊遊樂，這真是一個難得的機會啊！



濕地公園大合照

參觀大夫第



幸運大抽獎的中獎幸運兒



美味棧購物



品嚐鮮製嫩滑豆腐花



新樹苗投入參與多元化活動預期目標喜達成 感受老師關愛 增進研習興趣 建立積極態度

英語小廚



英語課程



不知不覺，在慕光生活已將近半年，自從參加了「新樹苗計劃」後，我認識了很多朋友，令我在慕光的生活十分愉快，令我感覺慕光是我家！

1A 郭慧

不知不覺在慕光生活了差不多一年了，時間過得很快，我來香港已經一年多了。剛來到香港的時候，覺得香港人很奇怪，每天出門上班都很趕時間似的，我很不適應。來到慕光之後，這裡的老師和同學都很親切，讓我這個不想讀書的人都變得積極起來，發揮出自己的潛能。自從參加「新樹苗計劃」後，我認識了很多好朋友，也得到學習英文的方法，每次活動都讓我感到快樂。

1A 孫萬蕊

這次的「英語小廚」活動令我有深刻的感受。到現在我還記得活動中所學的英文生字呢！這麼有趣又學到知識的活動，多參與又何妨呢！

3A 麥淑芬

我很開心能參加這次由新樹苗舉辦的「英語小廚」活動。學習烹飪的過程中，既可以學習英語，又可以享受入廚之樂，真是一舉兩得！這使我們學得既開心又快樂！

3A 吳曉林

這次參加「英語小廚」活動，讓我受益匪淺。在這短短的一個多小時的課程裡，讓我學習到親自炮製美味的甜品外，更讓我和其他新樹苗的同學有更多交流的機會。我非常喜歡這類型的英語活動，這是一種創新的學習方法。最後，非常感謝凌老師和曹老師的貼心照顧，經常舉辦不同的活動讓我們參加，令我深深的感受到學校對我們的關愛，謝謝您們！

3A 鍾惠潘

參與了新樹苗活動後，我獲益良多，特別在英語基礎方面，得到了鞏固。另一方面，這些活動也給予我們新移民學生一個適應和融入的機會，我很感謝學校為我們提供了這麼多的學習機會！

3D 潘智浩

新樹苗齊燒烤



探訪我校年宵攤位



觀塘區星之動計劃



參觀山頂蠟像館及欣賞夜景



午間貧富宴活動意義深刻師生踴躍參與 體驗貧富生活大差距學懂珍惜目前擁有

現在的社會物質豐富，人們大多都衣食無憂，因此在日常生活中造成不少浪費，亦不知曉低下階層連三餐溫飽也欠缺。有見及此，德育及公民教育組於3月2日在禮堂舉行了一次「貧富宴」。參與的老師和同學都非常踴躍。當然，每位參加者都希望抽中「富翁」，但「富翁」的名額只有20名，所以其餘的80名參加者只能當「窮人」。抽中當「窮人」的師長、同學只能吃白麵包，所飲用的更是一杯混濁的水——把餅碎混入水中造成的「黃泥水」。相反，當「富翁」的不但能享用意大利薄餅、炸雞及可樂，更有專人侍候！更可貴的是，校長和老師都一起當「窮人」，和學生一同親身體驗現時社會上的「窮人」所過的是怎樣的艱苦生活，並明瞭貧富懸殊的情況！

在活動的尾聲，我從同學的臉孔上看到了知足的表情。其實，不論是當「富翁」還是「窮人」，我們也體會良多。今後，每當我們在日常生活中埋怨餸菜難吃，又或是吃剩餸菜時，自必會想起一些窮人三餐不繼的苦況，從而學懂珍惜現在所擁有的一切！

4A 黃岫

班別	姓名	感受
4A	鄭敏儀	我抽中做窮人，只得麵包和水，令我體驗到做窮人的苦況，所以我會珍惜現在擁有的一切。
4A	李冠昆	貧富宴使我深深明白社會上貧富懸殊的嚴重性和社會的不公平。我會努力讀書，因為知識可改變命運。
6A	王友玲	「鋤禾日當午，汗滴禾下土；誰知盤中飧，粒粒皆辛苦。」這首詩對我來說並不陌生，甚至琅琅上口。但是，面朝黃土背朝天的艱辛又有幾人能體會？這次活動讓我體會農人的辛勞，提醒我要珍惜食物。「貧者不食嗟來之食」，雖然生活在「貧區」，但我不會接受「富區」的捐助，我要自食其力，活得有尊嚴。
6A	敖秋萍	在富區的我，親眼目睹窮人的生活，不忍同學受貧窮之苦，於是違反遊戲規則，將桌上的食物送予好友。這次活動令我體會到人要知足常樂，不能身在福中不知福；大家也應該關心貧富懸殊的問題，希望有一天不論貧者或富者都能在同一天空下歡笑！



命運在我手，貧富箱中求！



只有麵包充飢的貧窮餐



貧區的同学正排隊輪候食物



清水中混合餅碎模仿第三世界的不潔食水



德育及公民教育組及輔導組老師聯手舉辦貧富宴活動



義工隊同學正預備分發食物予貧區同學



富區的同学有專人服侍，免受排隊之苦。而貧區的同学羨慕不已。



德育及公民教育組老師也擔當服務員角色，服侍富區的同学。



校長也來體驗貧者以麵包充飢的生活



貧富區代表上台分享參與貧富宴感受



身在貧區的同学只能以麵包充飢



貧富宴活動反應熱烈，參加者眾。



校長勉勵同學從活動中領悟自己掌握命運的重要

徜徉長洲幼沙海灘觀賞崖壁景色譜寫集體回憶 讚嘆浪濤如大自然藝術家以力量雕塑奇岩異石

5A 蔡茵茵



小長城上的花瓶石



小長城沿岸的海崖



蜂窩狀風化

經過一小時的航程，我們終於來到了長洲。四周是矮小的平房，嘈雜而狹窄的馬路，給人一種既陌生又熟悉的感覺。同學們聚在一起，緊隨著老師的腳步。來到了長洲的海灘——東灣，雪白的浪花如水銀般流淌在坡度平緩，沙粒幼細的淺灘。或許，我們要感謝具撞擊性的浪濤，否則，我們怎能欣賞到如此美麗的海灘呢？

接著，我們來到「長洲小長城」——周圍是綠色的植物，蜿蜒地向四處蔓生。市區難得一見的蝴蝶迎風飛舞，蜘蛛網在欄杆上隱約可見。

長洲之旅給我們印象最深刻的是佇立在海崖之旁的蜂窩狀岩石。很難想像，那麼巨大而又堅硬的岩石，竟然在浪濤的拍打和侵蝕下會產生這樣奇特的形狀。我不得不承認浪濤其實是世界上最偉大的雕塑家，在它的撞擊與侵蝕作用下，我們看到了陡峭的海崖，害羞地躲藏在海崖中的海蝕穴，如老人般孤獨地佇立在海中的海蝕柱等地貌。

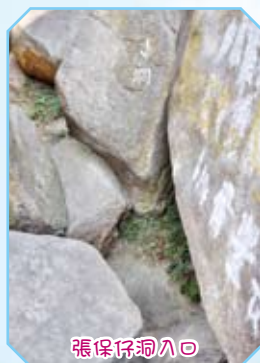
……坐在回程的船上，我有點淡淡的不捨。我相信這一段旅程，將連同「你」的笑容，永遠留存在我的心坎裏！



王老師與6A班地理科同學在海崖上留影



石隙長出植物——大自然的生物風化作用



張保仔洞入口

校運會氣氛熱烈參賽健兒抖擻勇毅抗寒凜 友校接力賽我校男子及女子隊榮獲冠軍亞軍 愛社啦啦隊花式豐富舞姿優美再度榮獲冠軍

4B 吳楚然

大家還記得2011年1月12日至14日陸運會盛況嗎？

第一天的比賽，天氣不大好，烏雲密佈，一直下着毛毛細雨，校方本想取消比賽，幸好天氣漸漸轉晴，運動會才能順利舉行。

兩天來共舉行了多項不同的賽事，如：跳高、跳遠、鉛球、鐵餅、田徑賽、友校接力賽、師生接力賽和啦啦隊比賽等，當中令同學們最為熱血沸騰的可算是友校接力賽。比賽共六間學校參與，除我校外，還有天主教普照中學、佛教何南金中學、聖公會基校中學、梁式芝書院以及瑪利諾高中書院。而我校更在接力賽中獲得男子組冠軍和女子組亞軍。林恆卓老師更向小記表示非常滿意這次接力賽者成績，因為他們發揮到平日練習的水平。

啦啦隊比賽更令全場氣氛推到最高，當有啦啦隊員做出「一字馬」時，不少同學在場歡呼。比賽中愛社再次奪冠，其餘三社亦大方道賀，可見啦啦隊們做到「友誼第一，比賽第二」的情操。

小記在這次訪問林老師的過程中，小記得知要籌備一次陸運會，大約要花三個月的時間，令人吃驚，原來要籌備一項大型活動是需要長久的準備。今次運動轉了新場地，有人向林老師大讚這跑道表面濕潤，但跑起來不滑。更有人向林老師表示往年的場地很冷，但這次所選的場地比往年好。



友校接力賽



友校接力賽



師生接力賽



起跑一刻



衝線一刻



啦啦隊



初中班際冠軍—2A



高中班際冠軍—5C



校監頒發獎品

膽壯男生夜遊校園留宿教室誓言尋究鬧鬼真相 穿梭高低樓層見證處處寂靜徹底擊破駭人傳聞

4A 吳承宇 龔兆軒

慕光鬧鬼傳聞，由來已久！

有人說圖書館門外的女廁棲息著一隻飛頭女鬼，不時發出哭泣聲，所以工友在下午5時後都會在女廁門外將地拖放置成交叉形，防止女鬼走出來。又有人說在舊校的停車場經常有遊魂野鬼遊蕩……

承蒙校長的批准，我們得以在校園留宿一宵，探求慕光鬧鬼的真相。324室就是我們的大本營。

4月1日——清明節來臨前數天，我們一行十一人在黃老師的率領下，肩並肩地自牛頭角港鐵站步上功樂道，向慕光邁進，於晚上11時進入校門，無懼隨時一命嗚呼的危險！凌晨二時，正正是鬼門關大開之時，我們分為三組，分別在預先劃定的範圍進行探索。

第一組回報：舊校四樓的走廊不時刮起陣陣陰風，令人不寒而慄！來到圖書館門外的女廁，啊！一個似乎是沒有頭的人影在圖書館門外走過！原來只是夜間的保安人員巡邏至此，漆黑中造成誤會而已。女廁內外一片寧靜，並無異象……

第二組扮演著特種部隊的角色，穿梭校舍高低樓層，並大聲地說著一些他們用以溝通的特種用語，最終卻毫無發現！

第三組駐守於舊校兩操場靠近停車場的樓梯，耐心地等待遊魂野鬼的「大駕光臨」。突然「砰」的一聲，正在交談的組員頓時安靜下來，準備與惡鬼來個決鬥——卻原來只是一隻花貓撞跌物品，匆匆走過！

凌晨三時，十一人中，有幾位疲倦了，便在324室休息；沒有睡意的，便在舊校兩操場與保安人員聊天。清晨7時正，我們告別校園，踏上歸家之路。

我們可以肯定地說一句：夜間的校園，處處寂靜，有如酣睡中的小孩……一切鬼魅之說都是以訛傳訛！

慕光校園，朝陽絢麗，夕暉璀璨，鳥語花香，書聲琅琅，洋溢著師長的關愛，瀰漫著你與我的憧憬，讓我們將傳聞的陰霾驅散，一同珍惜它，愛護它！



處處寂靜，無險無驚！



有膽有力，捉鬼本色！



擊破傳聞，迎接清晨！

校園花王英姐接受專訪暢談園藝心得 辛勤栽種盼同學珍惜花繁葉茂佳景致

6B 黎青兒 吳思敏

在一片繁花的背後，究竟是誰在默默耕耘呢？一個大地回春，鳥語花香的日子，我們誠邀慕光花王——王秀英女士接受訪問。英姐在我校工作已有三年。愉快的交談中，我們得知她的工作並不輕鬆。除了每天要花費兩小時澆水外，還要負責培育花卉，為花草樹木施肥，另外還有其他工作。

當我們詢問英姐最喜歡什麼花卉時，她表示校園的一草一木都是她的心血結晶，都是她的寶貝。她更說看著自己精心栽培的花卉不斷長大，就像看著自己的子女健康成長般那麼滿足。對於愈難栽種的花，她愈是喜歡，因為令她覺得特別有挑戰性，例如：玫瑰和蘭花。你可知道大眾情人——玫瑰，每一百棵幼苗只有一棵能夠開花結果？而蘭花就像大家閨秀般需要栽種者的細心照料，以及恆定的溫度和日照，才能茁壯成長。這就像同學們在校園中得到老師們的愛護、栽培，才能不斷的成長。

最後，我們問及慕光的同學們是否都珍惜花朵時？英姐停頓了一會兒才說：「大部分同學們都很愛惜花朵，但曾有些同學們以羽毛球拍拍打盛開的花朵，令我很心痛！」其實，不論什麼花卉，我們都應欣賞愛護，不應肆意傷害花草呀！慕光校園中春季是以牡丹為主；夏天是以龍吐珠為主；秋天是以桂花為主；而冬天是以一品紅為主。

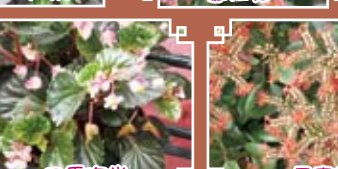
「落紅不是無情物，化作春泥更護花。」



花王英姐在她親手栽種的花卉前留影



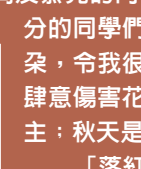
朱頂紅



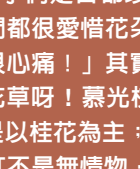
鳳仙花



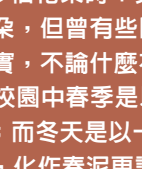
長壽花



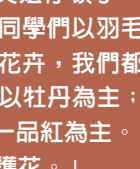
鑽石玫瑰



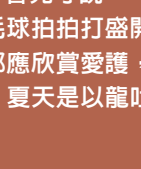
四季海棠



龍吐珠



君子蘭



一品紅



牡丹



龍吐珠



君子蘭



一品紅



牡丹

6B WRITING COMPETITION WINNERS

1st Prize

The advantages and disadvantages of the Internet

6B Edmond Tsun



Nowadays, there is growing opinion in favour of the internet. People generally believe that the Internet has made their lives better and easier. It is undeniable that the internet has brought us convenience and communication, but it has also killed our real communication and lost us our privacy at the same time. This means that there are both advantages and disadvantages that need to be taken into account when making judgments about the internet.

Convenience is the most important reason for using the internet. The public can do everything they want on the internet, for example, shopping on an auction website, searching for information they need, or playing mahjong and card games. These are excellent uses of the internet.

Convenience is not the only benefit. The internet brings us communication as never before. We can use ICQ, MSN or Facebook to know more people, regardless of where they are. Also, we know what our friends are doing immediately, so they can share their happiness or sadness with us. We can be part of our friend's lives all the time. Our friendships will most certainly grow.

Besides communication, education has also benefited from the internet. Distance learning is a flexible form of learning where students can study from home, work on the move or wherever they like. Thus the internet is creating an educational experience of equal quality for the learner and it best suits their lives outside classroom. This system provides a high degree of freedom and opportunity to gain knowledge. It allows students to have more fun in learning process as well. Many students would agree that without the Internet, studying would be a rather boring experience.

On the other hand, the internet can be a disaster for our lives. It does not only kill our communication, but also deprive us of our privacy and property.

Killing our real communication means we are over dependent on using

the internet for communication. This problem lies with the users of the application who choose to ignore all grammatical, spelling and etiquette rules when sending messages. Because email is perceived as a friendly format, used most often for casual notes, lazy habits are formed that eventually creep into business and formal situations. For example job applicants begin to ignore standard resume and letter-writing 'rules' when soliciting a job via email. The tone of the material can be informal and the grammar and spelling atrocious. So, our communication skills deteriorate as a result of Internet.

As mentioned previously, the internet also deprives us of privacy. Messages left on Facebook or in a Blog, can be traced by strangers. They can discover sufficient personal details to invade our privacy and even steal identities without our knowing we are under attack.

With regard to property, it can be lost easily through the internet. Statistics tell us there has been a dramatic increase in internet property-related crimes from 2008 to now. Reports tell us we are in danger of being deceived by strangers and losing our money to internet scams, especially immature teenagers. They may not make the right decision if a stranger asks them out. It is undeniable that parents and educators should enhance teenager's awareness of the dangers of using internet in order to protect them from unscrupulous netizens.

In conclusion, using the internet will always have advantages and disadvantages. We must realize the internet is both a friend and a foe. Hence, governments should design and produce more impressive posters, TV clips, radio advertisements and websites to spread this message through the mass media. It is necessary to increase teenagers' awareness of the dangers of using the internet, only then can we all avoid the traps the internet has for us.

2nd Prize

Internet

6A Gary Chan



Nowadays, computers are used in so many places that you can find them everywhere in the world. There are two kinds of attitudes towards internet: one is "enthusiasm", the other is "indifference". Never-the-less, computers are being used more and more extensively.

Why has the internet become more and more popular? Firstly, computers can help different people in different ways. They can help children with their lessons and homework. People now have access to huge amounts of information from their homes. This can improve our work efficiency, as well as our lifestyle.

Secondly, as the world becomes more and more globalized, people take advantage of the internet to make friends or obtain the latest news anywhere and everywhere. Even so, some parents are still ignorant of the importance of internet. There can be no doubt that using the internet can widen our knowledge and enrich our experience.

Thirdly, a solid foundation and expertise in using the internet means chances and opportunities. Why? It is because, if we are familiar with using the internet, we can find a job more easily. The ones who can command the internet have an advantage over those who cannot, especially in developed countries.

Like everything else, using the internet has both favourable and unfavourable aspects. Let us consider the negative aspects.

First of all, a lot of children spend too much time playing interactive on line games. It is unfortunate that a majority of them believe that they will not abuse the internet, but when they are always playing on it, they easily neglect their work and study. There is also the danger that their social skills will be affected in their childhood and they will become recluses.

Moreover, every internet user faces the problem of potential viruses when materials are downloaded from the internet onto a personal computer. There are many viruses that could damage computer systems and invade privacy. If privacy has been invaded, there are many who will take advantage of the personal details of one's life.

To make matters worse, social contact through the internet can only badly affect people's relationships. Some people believe that they can rely on the internet to solve all life's problems and use it to avoid having to speak to people face-to-face. This is a serious disadvantage to personal development.

Through the above analysis, the benefits of using internet often outweigh the disadvantages of it. As the saying goes, "Prevention is better than cure". People should control their online time and activities. The most important thing about using the internet is that it should make our lives more colourful and meaningful. The internet is an essential tool for us for if we lack internet access, it will be a serious obstacle to our success in the 21st century.

3rd Prize

The advantages and disadvantages of the Internet

6A Cosannie Fan



Nowadays, as technology develops rapidly, computers become a necessary part of our lives. What are we doing when we use the computer? One very popular activity is surfing the net. The internet seems to be both functional and very convenient. However, the internet also brings us some bad influences. I am going to discuss the advantages and disadvantages of the internet in the following paragraphs.

Why has the internet become so popular and commonly used? It is because there are a wide range of benefits to the internet, if it is used properly. Firstly, it is informative and convenient. You can search different types of information on the net, not only in Hong Kong, but also in other countries. The internet is as informative as an encyclopedia because, at the click of a button, you can search for information from all over the world. The sorts of information you can find include the latest music, travel, sports, food, culture and shopping news.

Secondly, it is functional and convenient for us to have it for doing everything. We can chat with people from different countries, access our friend's lives and play games using facebook. In addition, people can listen to music or watch movies on Youtube. What is more, it is convenient for us to have e-banking services and shopping on the internet in order to save our time. In terms of education, there are many sites that have exercises and e-books to help us to gain knowledge and broaden our horizons.

Although the internet is informative and convenient and it seems to have a lot of advantages, it also has various disadvantages and can be a bad influence us.

Needless to say, the internet is very functional and brings us a lot of fun, but it can lead to an addiction. Teenagers always love playing online games. According to several surveys, most youngsters spend 4-5 hours playing online games. This dependence on the internet for entertainment is not innocent but rather an addiction. Youngsters will play online games all night. It not only influences their health, but also their studies. Cases of myopia as well as poor grades are the result of this addiction.

Furthermore, as the internet is informative and so easy to search for any information, teenagers may be easily access some indecent, inappropriate and unverified material. This influences their minds and gives them access to dangerous information, like group suicide or self-harming sites.

Moreover, there are many hackers on the internet. They can send viruses and steal money from people's e-banking accounts. In addition, the illegal downloading of music is a serious crime that is punishable by law.

To conclude, there are numerous advantages as well as disadvantages of the internet. Although the internet can help us to do our school work, we still need to use the internet carefully. We should not abuse the internet, commit crimes or let ourselves become addicted to online games.

Spell-a-thon



1D: The Champion



1C: 1st runner up



1F: 2nd runner up



Singing Contest



The Judges



MC of the Singing Contest



English	
Event	Target Students
Drama & Musical Live Show	F.3 & 4
Singing Competition	F.2
Public Speaking Competition	F.6
Exam Skills Talk	F.5
Spell-a-thon and Tongue Twister Competition	F.1



Drama Show



Festival

Time	Date	Venue
8th -- 9th	15 March	School Hall
8th -- 9th	16 March	School Hall
4th	17 March	English Corner
8th -- 9th	18 March	School Hall
8th -- 9th	21 March	School Hall



Public Speaking

Form 6 students participated in a Persuasive Speaking Competition during English week. Students from all three classes were represented and the judging panel of Ms Fu, Ms Ip and Ms Murphy were most impressed by the quality of the speeches. Mr Yung presented the prizes and encouraged students to take every opportunity to speak in public.



Exam Skills



Easter Week Activities

The Easter week celebrations included an Easter Egg hunt, a colouring competition, Easter games and count the number of Easter eggs in the Jar. Students enjoyed all the activities and look forward to Easter week celebrations next year.



WINNERS OF COLOURING COMPETITION



English Department - Easter Activities

ACTIVITY	DATE	TIME	VENUE
Easter Egg Guessing Competition	7 th – 15 th April	Morning Assembly	Classroom
Colouring Competition	11 th April	N/A	Rm. M11
Easter Movie	11 th – 15 th April	Lunch Time	Rm. M11
Easter Egg Hunt	12 th April	Period 9	Rm. M11
Easter Games & Word Search	13 th April	Period 9	Rm. 404
Announce Guesstimates for The Easter Egg Guessing Competition	15 th April	Morning assembly	N/A
Announce the winner of guessing the number of Easter Eggs in the jar	15 th April	Morning Assembly	N/A
Announce winners of the Colouring competition	15 th April	Morning Assembly	N/A

For enquires, please feel free to ask your English teachers.

Easter Games & Word Search



Guess the Number of Easter Eggs in the Jar



Winner: 1F Class

Easter Egg Hunt

