



出版：慕光英文書院學校推廣組
顧問：容達君署任校長
編輯：中文版——凌潔真老師、黃清香老師、黃威雄老師
英文版——金禮賢老師 Ms Judith Murphy
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Mu Kuang Newsletter

65期 2014年11月

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慕光十名2013 - 2014中六畢業生 文憑試成績優異升讀本港大學學士課程

田詠珊	香港理工大學
楊嘉利	香港浸會大學
郭文媛	香港教育學院
伍凱欣	香港教育學院
尹倩文	香港公開大學

吳曉林	香港公開大學
張美蓉	香港公開大學
唐怡	香港公開大學
李尉淇	香港城市大學
黃文翰	香港城市大學

夢想還是理想？

畢業校友 田詠珊

初中時的我沒有升讀大學的憧憬。其後得到老師的循循善誘和鼓勵，我開始萌生升讀大學的夢想。在母校，我遇到的全部都是我的恩師。最令我感動的是他們不但印備許多相關的教材、練習給我們，而且願意犧牲很多時間替我們補習。申請了杜學魁教育基金，亦能補助我學習上的額外開支。中二學年，班主任向我們闡釋知識可以改變命運的道理。一位老師跟我說：「不要讓自己後悔。」隨著年歲漸長，我開始領略到老師的金石良言，人變得愈來愈懂事，對自己也愈來愈有要求。以數年的努力博取入讀大學的機會，是非常值得的。我升讀大學的夢想也愈來愈濃烈了！

在無數的測驗、考試下，班內形成了一種良性競爭的氣氛，有不明白的地方，與同學一起找老師，在午膳時段溫習。與同學互相鼓勵，互相督促，一起補習；下課後去自修室，去圖書館印練習，最是難忘。看見自己的成績逐漸進步，滿足感是難以形容的。其實讀書最重要的是留心上課，腦海中有了基本概念，回家溫習也更有效率。理科的學生，記憶原理之餘也要理解，面對變化多樣的題目時才能想出答案。公開試來臨前，除了溫書，亦要做練習——包括坊間出版社的練習和歷屆試題。

現在我入讀了心儀的學系，回首既往，一切的汗水也是值得的。只要你努力，必須能夠把夢想轉變為理想！公開試只是人生一個關卡，只要向自己的目標盡全力便無愧於心，不要讓自己有後悔的機會。最後，希望師弟師妹可以在文憑試取得心儀的成績！



成績優異 慕光精英 彰顯校譽 社區揚名

中六級陳嘉欣吳曉儀鍾掌惠榮獲四大獎項

校刊編輯組

本學年6F班三位同學多年來皆勤奮好學，努力求進，經班主任林麗萍老師提名，在上學年榮獲四大獎項，現將資料表列如下：

姓名	獎項
陳嘉欣	1. 第八屆觀塘區傑出學生獎 2. 九龍地區傑出學生獎
鍾掌惠	第八屆觀塘區傑出學生獎
吳曉儀	2012-2013觀塘區優秀學生獎

三位同學經過恆久的勤學才能獲得獎項，希望我校其他同學以他們的成功作為正面的啟示，奮進不懈！



◆ 陳嘉欣榮獲第八屆觀塘區傑出學生獎，與頒獎嘉賓合照。



◆ 陳嘉欣領獎後與吳校長及林麗萍老師合照。



◆ 吳曉儀榮獲2012-2013觀塘區優秀學生獎。



◆ 鍾掌惠(左二)榮獲第八屆觀塘區傑出學生獎，與金禮賢老師(左一)、陳嘉欣(左三)及林麗萍老師(左四)合照。

家長教師會改選利素珊當選主席

過程暢順同場頒發感謝狀獎學金

家長教師會 莫啟源副主席



◆ 署任校長容達君致詞。

◆ 參加會員大會的成員。

◆ 家長組時間
潘潘社工介紹活動

籌備多時的會員大會在2014年9月26日晚上舉行，而且圓滿結束。

是次會員大會最重要的項目是換屆選舉。本屆共有17位候選人參選。最先進行的是每位候選人上台自我介紹。隨即由家長和老師選出心儀的候選人。經過點票後，10位家長委員誕生；再經過互選，新一屆家長委員會名單如下：利素珊主席、張碧蓮副主席、陳慧儀司庫、戴晶瑩女士、葉小冰女士、容華鳳女士、陳志華先生、李卓榮先生、葉昌明先生、黎頌堯先生。

投票過後，接著是：報告會務、介紹計畫、財務報告及財政預算。由於這是重要會務，需要會員大會通過。活動項目沒有多大變更，但有兩項活動時間安排跟往年不同：一是親子旅行將於2015年1月初舉行，因為1月份是旅行好季節。二是週年晚宴將於2015年5月舉行，方便把全年的活動作出歸納，並在席間匯報。此外，本會將於本年開辦一個聯課活動項目，名為家長教師會多元興趣班，讓家長將興趣與同學分享。

我們要感謝過去數年來默默支持我們活動的家長委員，使會務得以發展。大會頒發感謝狀予以表揚，他們是：何美鳳主席、容華鳳副主席、周玉娟司庫、利素珊女士、戴晶

瑩女士、簡小燕女士、蔡秀玲女士、樊偉德先生、莊小香女士、李月娥女士。

過去兩三年，不少學生義工亦支持我們的活動，所以也頒發禮物和感謝信送予他們，包括：李曉潮、吳俊玲、劉嘉淇、袁曉彤、蔡慧琳、蔡詠珊、鍾子晴、劉芷茵、李彩妮、岑星華、劉俊傑、唐宸潔、陳柏強、孔孝傑、陳卓瑤、伍惠怡、唐若彤、楊靜旻、樊穎敏。

為表揚在學業方面獲最佳進步的同學，本會每年把一萬多元撥歸校方，藉以作出鼓勵。同時本會亦頒授獎學金予升讀大學的同學。獲得獎學金同學的名字如下：唐怡、郭文媛、伍凱欣、田詠珊、楊嘉利。

大會的另一環節是由社工組主持的家長組活動，我們一起唱校歌，聆聽潘雄國社工介紹家長組，並且分組跟班主任會面。

是次大會於晚上8時45分

結束。

是次活動得以圓滿完成，需要感恩，也要感謝容達君署任校長出席致詞及頒獎；亦感謝李慧娟副校長出席及作頒獎嘉賓。更感謝各位出席是次大會的家長和老師，並感謝學校多方面的配合和安排。



◆ 新一屆家長委員。

中六級呂嘉穎堆沙堡比賽榮獲冠軍

接受電台訪問抒述參賽體驗

中六級呂嘉穎

比賽地點：黃金海岸
日期：5月24日
訪問電台：hkfeel「有feel人有feel事」



我熱愛陽光與海灘，熱愛遊玩。2013年的7月，可以說是我人生的轉捩點，因為我參加了一個既吸引又另類的活動——堆沙堡。

在這一年間，我行出了很多第一步：第一次接觸沙灘城堡，第一次接受公司培訓，第一次取得堆沙堡冠軍獎，更成為香港堆沙代表隊隊員，日後將會前往日本參加比賽。每次的活動都是我的學習機會，天氣情況、隊員的配搭、溝通、參加者等都是每次都轉換的因素，如何能面對這些改變，面對逆境的態度，都是由基礎一步步去學習。

我熱愛堆沙堡，因為我可以寓學習於娛樂，更可以將體驗和體會融入日常生活中。我於2014年5月24日在黃金海岸參賽，獲得冠軍。其後的我到電台接受訪問——hkfeel「有feel人有feel事」。雖然我不善於說話，但我明白這是一次難得的體會，只要肯做，肯試，一定有成功的一天。我在節目中分享我的經驗，最後當然成功過關！成功的方程式，只有努力和付出！



◆ 得獎學金同學



◆ 學生義工接受感謝狀



◆ 何美鳳主席接受感謝狀



◆ 利素珊家委接受感謝狀



◆ 大會司儀李碧茵及李婉冰老師



◆ 戴晶瑩家委接受感謝狀



◆ 簡小燕家委接受感謝狀



◆ 莊小香家委接受感謝狀

畢業典禮場面莊嚴隆重 畢業生歌藝演出溢溫情 教育局總學校發展主任(觀塘)李愛蘭女士蒞臨主禮

畢業典禮主禮嘉賓

1. 香港特別行政區政府教育局總學校發展主任(觀塘)李愛蘭女士
2. 慕光英文書院校董會主席魏俊梅先生
3. 慕光英文書院校董杜葉錫恩博士
4. 慕光英文書院吳道邦校長
5. 杜葉錫恩教育基金副主席陳庇昌先生
6. 慕光英文書院家長教師會主席何美鳳女士
7. 慕光英文書院家長教師會榮譽顧問潘惠芳女士



◆ 司儀：蔡明康老師、何麗芬老師



◆ Ms Judith Murphy及6A唐怡致送畫像予校監



◆ 吳道邦校長致辭



◆ 教育局總學校發展主任(觀塘)李愛蘭女士致辭



◆ 吳校長致送紀念品予潘惠芳女士



◆ 吳校長致送紀念品予何美鳳女士



◆ 主禮嘉賓：家長教師會榮譽顧問潘惠芳女士、杜葉錫恩教育基金副主席陳庇昌先生、教育局總學校發展主任(觀塘)李愛蘭女士、校董會主席魏俊梅先生、家長教師會主席何美鳳女士、吳道邦校長



◆ 升旗隊進場



◆ 畢業生踴躍出席，濟濟一堂



◆ 升旗儀式完成



◆ 何麗芬老師結他伴奏，蔡明康老師高歌一曲



◆ 結他獨奏，悠揚悅耳！



◆ 精彩的舞蹈表演

畢業感言

畢業校友 吳曉琳

韶光荏苒，轉眼間已經完成了文憑試。就這樣，我們走到了中學生涯的尾聲。要不是今次畢業典禮，我們不會在禮堂聚首。

5月25日上午10時30分，心裏無比激動與興奮，因為即將踏上講台領取畢業證書，與老師、家長分享這份喜悅。

其實畢業對於我們來說都是一個新的出發點，絕不是學習的終結。俗話說：活到老，學到老，學習新的知識是不會受到環境所影響，反而會因為心態而改變。

還有，立身處世最重要的是為自己負責以及問心無愧。無論身邊的人傳授多少知識給你，若果你不懂融會貫通，觸類旁通，那麼將達不到真正的成效。學習的過程是痛苦的，每個中學生都會為文憑試而努力奮鬥，也許在過程中你會流淚，忘了自己的路該如何走？這是正常現象。

每個人的學習方式都不同，只要按照自己的步伐默默耕耘以及參詳別人的經驗，便能實現夢想。夢想各有不同，可不要空想而不付諸行動。每年的大學學位有限，希望你們是獲得學位的幸運兒。

衷心祝福畢業同學前程錦繡，帶著勇氣走過人生的每一階段。最後，祝福母校作育菁莪，提攜後進，明天更美好！



◆ 6A班領取畢業證書



◆ 6B班領取畢業證書



◆ 6C班領取畢業證書



◆ 6D班領取畢業證書



◆ 6E班領取畢業證書



◆ 6F班領取畢業證書



◆ 中六級周海晴代表全體畢業生致感謝辭



◆ 李愛蘭女士頒發獎項予畢業生



◆ 李愛蘭女士、吳校長與獲獎同學合照



◆ 吳校長頒發獎項



◆ 魏俊梅先生頒發獎項



◆ 何美鳳女士頒發獎項



◆ 潘惠芳女士頒發獎項



◆ 陳庇昌先生(右五)、吳校長與杜學魁教育基金受助同學合照



◆ 畢業生致贈款項予杜學魁教育基金



◆ 吳校長致送紀念品予李愛蘭女士



◆ 吳校長致送紀念品予魏俊梅先生



◆ 吳校長致送紀念品予陳庇昌先生

足球校隊隊長梁家駿入選流浪隊成青年軍 接受艱苦訓練球技提升學業踢球恰當兼顧

中二級梁家駿

熱愛足球 加入校隊

我十分喜歡踢足球，亦熱愛踢足球。我差不多每天都會踢足球。足球活動令我認識到朋友……

在中一學年開學前的暑假，我參加了學校舉辦的足球興趣班，看到師兄的球技十分出色，令我有渴望成為校隊成員的意願。開學後看見足球校隊的宣傳海報，我立即報名參加選拔。得到老師和師兄的鼓勵，我順利入選並接受訓練。訓練過程中所有師兄都很認真，我亦十分努力。

當選隊長 承擔責任

其後，我被導師選任為足球校隊隊長。由於是隊長，我除了是「中場」球員外，更須負責組織攻勢及製造入球機會；當然，我亦會在賽事中作出最合適的部署和指示。我曾期望校隊能夠在學界比賽中進入「八強」；雖然最後沒有成功，但我沒有放棄，其後更努力地接受訓練，希望在下次比賽中獲勝。

成為流浪足球隊青年軍

我最近前往流浪足球隊參加選拔，成功入選。由於校外訓練比校內訓練更加艱苦，使我的球技和體能獲得提升，在球場上的作賽意識亦有所增強。此外，我希望除了進攻的技術外，亦可以在防守方面出一分力，令防守線更加穩固。我堅信付出更多回報更多，達成目標亦指日可待！

踢球與學業恰當兼顧

雖然我很喜歡踢足球，但我絕對不會忽略學業。我在校內或校外完成訓練後，便立即回家做功課和溫習，時間有恰當的分配。

慕光同學們，希望在你們的支持和鼓勵下，足球校隊會有更佳表現！

梁家駿檔案

姓名：梁家駿
(史尼達)
位置：進攻中場
(丙組隊長)
職責：組織中場攻擊
為隊友製造入球
擅長：冷靜地給予進攻的指示、全場奔跑
目標：帶領慕光丙組足球隊躋身淘汰賽階段



校外球隊：標準流浪足球隊14歲以下青年軍
個人目標：提升防守的意識及身體對抗能力
經驗分享：

在鍾志傑老師及林恆卓老師的指導下，我加倍努力。訓練的過程有技術改進、體能訓練及戰術運用，當中的點點滴滴都令我進步了不少。而我為了加強比賽的經驗，今年也加入了標準流浪足球隊的，當中的訓練也非常辛苦，但我相信付出了更多，收穫一定會更多的。

李俊賢檔案

姓名：李俊賢(俊賢)
位置：正中場(乙組隊長)
職責：高空波的傳送，為前鋒製造一對一的機會
擅長：罰球處理，轉守為攻，十二碼劊子手
目標：帶領乙組足球隊爭取冠軍
校外球隊：灣仔南華足球隊14歲以下青年軍(2013—2014)
澳滌YFC足球隊16歲以下青年軍
個人目標：增強跑動範圍及遠射能力
經驗分享：



我加入校隊已有三年。過去兩年的比賽在小組中也順利出線，但可惜到了淘汰賽，連續兩年都在十二碼失利出局。兩年的眼淚令我換來更多的汗水，體能的欠缺也是我的弱點。為了改善，我不單加入校內的田徑隊以提升體能上的訓練，而且我加入了澳滌YFC足球隊以提升個人的進步。在慕光的三年中，與隊友一起認真訓練是最難忘的地方，老師的專業指導下，大家都進步了不少，今年，能夠成為乙組足球隊隊長，劍指冠軍是我最大的目標。

彭林林檔案

姓名：彭林林(林林)
位置：前鋒
職責：製造入球及助攻，控制球隊的進攻節奏
擅長：接應高空球，盤球推進
目標：帶領甲組足球隊進入四強
校外球隊：中西區16歲以下青年軍
灣仔南華16歲以下青年軍
灣仔足球隊18歲以下青年軍
個人目標：加強長跑的能力，提升射門的力量
經驗分享：



今年我提升到慕光甲組足球隊，經過上年度在乙組的比賽失利後，我更希望進步。而這一年，我不單在校內足球隊努力練習，而且我再次加入灣仔足球隊訓練，對我及球隊而言，爭取好成績為首要的任務。而在校內，追求好的成績也是我另一大任務，希望來年入到最好的班別及選讀最適合的科目。

慕光球壇新星



◆ 與當地同學切磋球技



◆ 參觀賽車場



◆ 世博中的特色展品



◆ 欣賞上海夜景



◆ 「東方明珠」前合照



◆ 遊覽世博



◆ 出發了!



◆ 世博中的特色展品



◆ 當地同學們上課情形

感受西湖奇妙優雅韻味 參觀黃岩中學建立友誼 讚嘆上海雄偉新舊建築 見證零件製成汽車過程

中六級吳曉儀

今年的四月，懷著對上海的憧憬，我和其他40位同學在吳道邦校長及林偉亮、金禮賢、林麗萍、陳發成、潘笑慧老師的率領下，展開了為期4天的遊學之旅。一開始，我們便遊覽了無數詩人筆下的仙境—杭州西湖。雖說時代早已改變，但西湖那「淡妝豔抹總相宜」的奇妙韻味還是能感受到

的。西湖的優雅、清淨、碧綠、清澈，實在是讓人樂而忘返。遊湖一周後，似乎更能理解中國的詩歌文化了。

伴隨著西湖的韻味，我們又來到與慕光結盟為姊妹學校的黃岩第二高級中學。該校學生熱情的招待以及一系列學術的交流活動，讓我增加了對內地中學課程的了解，以及認識

到本港中學與國內的相異。最重要的是，我們都與當地的學生建立了友誼，這是在這段旅行中最大的收穫。

與黃岩第二中學師生告別後，我們來到東西文化交匯大都會—上海。當大巴駛到上海，街道旁的雄偉建築實在是讓我們嘖嘖稱奇，目不暇接。一會兒這邊是古老的歐美國頂建築和古色古香的寺廟，一會兒那邊又是設計極具前衛、新穎的現代化建築，一舊一新的衝擊給我們帶來一場視覺盛宴。

接下來的行程中，我們參觀了上海大眾汽車廠，見證了一輛汽車由單一的零件組製造成為質量俱佳，讓全世界為之讚賞的大眾汽車。其後我們前往寶鋼公司，目睹厚重的鋼鐵在幾分鐘左右就變成了厚度僅為數毫米的鋼鐵片，成為我們日常各種生活物品的原材料，例如汽水罐、汽車外殼等等，為我們的生活帶來極大的幫助。

上海之旅，讓我樂在其中又受益匪淺！



◆ 觀賞特色景點—西湖



◆ 觀賞特色景點—城隍廟



◆ 一睹「東方明珠」的風采



◆ 體驗當地上課情況



◆ 氣勢磅礴的龍船



◆ 遊覽世博



◆ 品嚐地道美食



◆ 遊歷上海博物館



◆ 兩地的同學互相學習



◆ 上海著名景點



榮獲香港青年獎勵計劃銀章級 聯袂赴捷克考察交流獲益良多

中五級黃嘉琪、單柔美，中六級邢益誠

中五級黃嘉琪、單柔美，中六級邢益誠同學獲得由SmarTone HK Challenge AYP 國際交流活動的基金贊助，於今年暑期參加捷克交流團。活動結束，他們的國際視野得以拓展，並提升了人際關係及領導才能。三位同學已於香港青年獎勵計劃獲得銀章級，並於眾多申請者中脫穎而出，可見慕光同學實力相當不俗。他們所付出的努力和汗水，是獲得認同的。而9天的捷克交流團活動，也使他們獲益良多，畢生難忘。

中五級單柔美

參加9天的捷克交流團，是我第一次到歐洲旅遊。過程中真是學習了很多知識，正所謂「讀萬卷書不如行萬里路」，是次國際交流活動更能令我體驗當地的文化和風土人情。剛剛到達捷克時甚麼也覺得很新鮮，也更想不到會有捷克團的成員前來迎接我們。雖然只是短短的9天，但他們也會把握所有時間為我們展示和分享捷克的歷史、美食，當然少不了當地的景色和特別之處等……希望讓我們對當地能認識更深。這次旅程卻能令我感受到真正的快樂可以很簡單，即使回到了只有片草地就好像能擁有一切的感覺，亦能親眼看到甚麼是漫天星星，甚麼是銀行和流星。透過是次交流團可以完成金章級的團體生活科，並能令我更明白守時的重要性、團體合作和珍惜每一次學習的機會。

中五級黃嘉琪

Ahoj! (大家好) 參加了交流團，短短數天就和捷克的朋友建立深厚的感情。他們十分願意與我們分享當地的生活節奏和飲食習慣等。當我們說起在香港的生活方式，他們都感到十分有趣，更不斷發問及充滿好奇。我們更親自下廚為他們準備了揚州炒飯，每位都吃得津津有味。

透過活動，我們深入地了解捷克的風土人情，參觀捷克的名勝古蹟，品嚐到捷克傳統的美食和學習當地的語言與歌謠等，獲益良多！

我們一行12名成員，晚上，我們躺在草地上一邊看着佈滿天際的繁星，一邊享受着郊外的寧靜。早上，我們盡情投入與捷克的朋友們的唱遊活動，欣賞當地美不勝收的風景；就算隨手拍一張照片，也能夠成為明信片的畫面。手牽手走在布拉格的大街上一邊談天，一邊觀賞與香港不同的建築。更因為彼此年紀相約，讓我們走在一起的機會增加了，大家交談都是都真心相對，交流了很多知識。

十分感謝各主辦單位能夠給予我這次機會。多謝兩位同行導師的指點和關懷，也要感激我能認識有如此真誠的成員，彼此間的默契，令我是次的旅程十分愉快。

中六級邢益誠

我很高興能通過面試參加這次的捷克交流團。到達捷克後發現當地的環境、風土人情與香港是有天淵之別。捷克的環境是與大自然共融，無時無刻都有清新的空氣及植物包圍你。那裡的人是多麼熱情，有人情味，例如我們在當地時的一個營中與一群小朋友一起活動，不論何時他們都會熱情地打招呼，比賽時互相打氣，入夜後他們為我們披上外衣。當地的環境、風土人情令我十分著迷。差點兒我就不想回來了。這次的旅程我不但認識了捷克文化，還結識了很多好朋友。不論是香港的朋友或是捷克的朋友，希望我們的友誼能一直維持下去。



2014 軍事夏令營 Go Go Go



◆ 軍營定向
考智考體能



◆ 第一次裝嵌實槍
30秒完成!



◆ 練軍體拳



◆ 我上電視啦!



◆ 行山無難度，
難受在溫度!

中五級余家因

我逆着時針來到回憶參觀，留戀逝去時間的我，還記得與班長、班副及隊友那刻骨銘心的十五天。多少日子如快門一閃，短短十五天軍事夏令營改變了我一向沉默得像空氣的我，在營中有說有笑、有歌有淚，還主動認識一群新朋友。一向十指不沾陽春水的我，打掃房間，物件整齊歸位。在改變的同時，我更學習到新知識。大會為我們準備德育及教育講座，特別邀請懲教署署長及入境事務處長等知名人士分享對正向思維的想法。同時有上尉教導有關中國的發展，使我們能深入了解中國。在平常的練習中最深刻是學習軍體拳，這是一種可攻可守的拳法，共十六動，環環相扣。只為熟練拳法，汗流浹背，以影相對、學習隊列訓練更能體驗解放軍鐵的紀律；每天疲憊的我們也會泡腳作迎接明天的挑戰。而實彈射擊及徒步行軍是最難忘的活動。實彈射擊的威力震撼，單單一發子彈夠以遠飛1公里。初次觀看狙擊手射擊表演使我十分愕然，聲大如雷，十發九中，但當自己身歷其境，心如鹿撞，腦海空白。發射人生第一發子彈瞬間，我只能嗅到瀰漫四周的火藥味，聽到巨響一聲。朦朧的時間過去，我成績為五發五中二十三分即不合格，可是十分興奮，有愛不釋手的感覺。而徒步行事使我最難忘是班長及班副的細心關懷，在太陽下走著的我們，汗流滿面臉，但沒有一個放棄。班副在路上為我們噴水作降溫，還幫督導員拿背包，在我們休息時到軍車搬來大盆西瓜及飲品而班長則為疲憊的我們作鼓勵，為我們補給食水。經過這次活動後我們更像一家人的感覺。



My first day in Mu Kuang

Form 2 Amy Li

Last week was my first week in Mu Kuang. On the first day I needed to attend the opening ceremony at the school hall. However, I arrived early so I went to the canteen to eat breakfast. I saw different kinds of food such as curried fish balls, sandwiches and instant noodles. The curried fish balls weren't too spicy, they were very yummy. Then I attended the opening ceremony. First we needed to line up and then listen to the Principal. I think the Principal is friendly. After that, the teachers prepared a lot of interesting performances. I think the teachers are very funny and friendly. Finally, we went to our classroom. My class teachers are Miss Wong and Mr Kam. They told us many things about Mu Kuang, such as facilities, rooms at the school and activities we could do. I think Mu Kuang is a perfect school. At recess time I chatted with my new classmates.

They are humorous and good fun. Then we looked around the school. We went to the Home Economics Room and saw all the facilities such as ovens, kitchen supplies and some ingredients. Next, we went to the Design and Technology room. We saw the students' designs and saw some finished products. I think the students are very creative because the finished items were very refined. Finally, we went to the music room. We saw many musical instruments such as violins, guitars, jazz drums and so much more. I think Mu Kuang has lots of facilities. After school, I saw some janitors cleaning the classrooms. I talked with the janitors and I think the janitors are very hardworking and funny. I thanked them for cleaning my classroom. Mu Kuang is my favourite school. I love Mu Kuang very much.

Reflections on Mu Kuang English School's motto - Knowledge, truth, love and light.

Form 5 Naruto

I came to Mu Kuang in 2011. Now, I have studied in Mu Kuang for 4 years. Mu Kuang is another home for me. It teaches me a lot of things. The most important thing is to tell us to pursue knowledge, truth, love and light. This is the school's motto too! Knowledge, which is shared with me by the teachers of Mu Kuang, is a ticket for me to go to university. Hong Kong is a competitive and commercialised society. We need to know more so that we can compete easily. Mu Kuang has conscientious teachers. When we can't handle their course, they will explain it very simply. They build a supportive environment for us so that we can understand the knowledge we need to learn more easily. We have not only the lessons but also many activities. The teachers conduct the activities for us, for instance, study tours, flag day, English week and field trips. This encourages us to learn in different ways. It's all

beneficial and it makes school life more interesting. Mu Kuang encourages us to pursue not only knowledge but also truth. Secondary school is different from primary school. It's a stepping-stone for us to walk into society. Mu Kuang helps us learn the rules of society. Those who work hard will achieve. If we don't have a wide range of knowledge, we will not go to university or find an ideal job. Mu Kuang teaches us the value of discipline too in order to become good citizens who will not violate laws in the future. It is really an important lesson for our future. It shows that Mu Kuang really cares about us! How about love? Mu Kuang cares about its students. It loves the students as its children because the teachers teach us carefully and patiently and when we have problems with study or friends, they help as much as they can. When we are down, they encourage and support us so we can face our problems bravely.

For example, while I was quarrelling with my friends, my teacher came and calmed us down so we could solve our problems. They really love us. They show that love for us every day. Mu Kuang is a bright light for us to march forward courageously. It illuminates the road ahead and dispels the darkness. The teachers join us on this journey for 6 years. They encourage and educate us to become more confident, to be persistent and have the courage to face our difficulties. MKES also tells us that we need to seek the light. We should be honourable and honest, not dark and depressed. Mu Kuang English School is another home for us. It gives us knowledge, truth, love and light. It is a warm school. I continue to learn a lot of things from Mu Kuang. I will keep this motto close to my heart. My pursuit of knowledge, truth, love and light should be for a whole lifetime. I will share it with many people too!

Mu Kuang and I

FORM 6 SONG, HAO YAN KELLY

Two years ago, I was a new migrant to Hong Kong. I was anxious about facing my new environment because my English was very bad and my Cantonese pronunciation was not fluent. I was afraid of being discriminated against.

Mu Kuang English School was my first high school I attended in Hong Kong. I remember how I felt on the first day at Mu Kuang English School. We needed to queue up in the morning, but Mu Kuang English School has two places to queue up, and I didn't know which one to go to so I got lost. Luckily, a kind student told me which way to go. Then I found my position in the queue with her help.

Although my school in Hong Kong is not the biggest school, in my mind, Mu Kuang English School is the best school. It has two teaching buildings, a sports playground and perfect teaching facilities. It is a good place for me to learn knowledge and truth. The teachers are very kind and nice. When they are teaching students the basic knowledge,

they try many ways to explain which allows students to better understand. My English teacher is good at giving systematic guidance when she is teaching me English. My English pronunciation makes progress and is better than two years ago. Moreover, I hope I get good grades in English in the HKDSE.

My classmates are very friendly, if I have some problems in my life of about my studies, they give me help. When I hurt myself, my classmates told my P.E. teacher quickly. In addition, if I know fewer English words, they teach me and help me to speak. I was afraid of being discriminated against before I came to this school. I can happily say that did not happen. In fact I was made very welcome.

I love Mu Kuang English School very much. I feel the school is like another home for me and every day I have a warm welcoming feeling, when I come to school.

My School Life

Form 3 Ho Hei Ching Sherman

It was just a normal day in Mu Kuang. The sun shone and the birds sang; my dad went to work early and my mum slept like a baby; I woke up by myself, got ready and walked to school. Everything was just like usual, but this was surely one of the strangest and most unforgettable school days of my life.

When I arrived at my classroom, everyone was busy with their own stuff. Some of them were chatting and others were studying. I saw my best friend, Sally, and said "Good Morning" to her, but she ignored me. I thought maybe she was just too tired or busy and let it be. The first two lessons were Maths, which is my favourite subject. I had a great time enjoying it.

During recess, I found Sally again but she still overlooked me. What's more, I realised most of my classmates left the classroom and I was the only one still there. I felt frustrated and could not figure out what was happening.

The next lesson was Chinese, which is my weakest subject. I'm afraid I could not focus on what my teacher said. I was trying to work out what was happening with my friends. These two lessons lasted for only an hour but it felt like a whole day.

Finally my second recess came, but once again, all of my classmates left the classroom soon after the bell rang. I was alone again. I really wanted to cry!

I decided to find my class teacher, Miss Chan, during lunch time to talk about my concern. She asked me to think about whether I had done anything wrong or made anyone unhappy.

As a prefect, I have a responsibility to keep our class as disciplined as possible, I thought everyone would understand that. I did play

a joke on Sally last week but she still played with me last Sunday. I attempted to think of what I had done wrong but I had no idea. At that moment, all I wanted to do was to go home as soon as possible and let my mom hug me.

Finally, the school day ended and I picked up my school bag immediately and started to leave the classroom. But one of my classmates locked the door. I was frightened and could not imagine what would happen next.

"Happy birthday to you, happy birthday to you..." Some classmates were singing happy birthday to me and Sally was holding a birthday cake!

"Happy birthday, Sherman. We tried to be as rude to you as possible today, so that we could give you a big surprise" Sally said.

"Thanks everyone, but it is not my birthday today." I replied.

As soon as I said that, the atmosphere in the classroom froze.

"But I saw you wrote your birthday is 9 Jul, which should be today." Sally said.

I finally realised what had happened and could not stop laughing.

"Sally, Jul stands for July, which is the month after June, you have mixed up Jun and Jul. You must improve your English my friend."

Everyone in the classroom soon burst into laughter. Although it was really funny, it was also a touching moment when I saw a class of 40 of my classmates trying to celebrate my birthday and give me a big surprise one month early.

I am sure, no matter how old I get, I will still remember my classmates trying to celebrate my birthday a month in advance because of my friend, Sally.

English Camp is Great Fun!



In June, students from 1A, joined by Mr Kam, Ms Lam and Mr Tsang went on a 2-day camp to the Hong Kong Federation of Youth Groups Outdoor Training Campsite in Sai Kung. The purpose of this event is to allow students to experience more English learning activities through games and collaboration outside classrooms.

After checking in on the first day, all students gathered in a function room and participated in a series of English-related interactive games, including "Big TV" and "Bingo". Students had to work together in groups and try their best to achieve high scores in different rounds. The group with the lowest score had to drink a bottle of coke in only a few minutes. After this keen competition, students were given a creative task in which they were given a reading text and they had to think of a new ending and then act it out. After this 3-hour session, a barbecue was organized for them but unfortunately it rained heavily and everyone rushed to the canteen for dinner instead.

It was an exciting morning on the second day! Students had to participate in a "battle", in which they had to throw water balloons to each other. We all got very wet after this challenging activity! Before getting on the coach to return to school, we took several group photos so that we'll always remember the fun we had at English camp.

Mr Kam Lai Yin
Panel Head of English Dept.



Unforgettable travelling experience

Although I am just 13 years old, I have visited Taiwan at least twenty times and I've been to Malaysia, Singapore and Thailand.

I love Taiwan most because the local food is very delicious and my grandma lives there. When I go back to Taiwan, she is very pleased because she can see my father and I feel very pleased too! First of all, let me tell you about my unforgettable experiences in Taiwan.

In Taiwan, there is a village called "The Monster Village", but this village does not have real ghosts. There was a big village and there were some shops, a big farm and some people who lived in the hotel which was called "Monster Hotel". Their farm had a lot of sheep, cows and horses. They were so cute but they were very stinky!

In addition, they had a very interesting performance. Everyone liked it very much. Their food was very amazing and surprising. If you see the food, you cannot resist its temptation. The taste of the food is much more delicious than I expected.

At night, we went back to the hotel and took a rest. Although I believed that there were not any ghosts in the world, at 9 o'clock when I went to the restroom, I heard some strange voices. I was so afraid that I went back to my room immediately.

After returning to Hong Kong, my family did not believe me when I told them about the ghostly voices.

Wu Sin Yee, Cindy (Form 2)



My unforgettable travelling experience is Japan. The destination of my trip was Tokyo. Tokyo is the capital of Japan. I went there with my family. On the first day, we went to some attractions to see the view and eat some local food. The view was wonderful and the local food was so yummy. At night, we went to a local Japanese restaurant. In the restaurant, all the food was fresh.

On the next day, we were meant to go shopping. However, because of the bad weather, we postponed shopping to the following day. The weather was so bad that my sister suggested we could play card games instead. Anyway, I was a bit upset on that day because I really wanted to go shopping.

On the last day, the weather was nice so we could go shopping. In the shopping malls, I bought clothes from different countries, such as Japan, the U.S.A. and England. They were so fashionable and they were sold at a reasonable price. Of course, I could not forget to buy some souvenirs for my best friends in Hong Kong.

While I was in Japan I was happy to try local food and see the breathtaking views. Also, I have learnt more about Japanese culture. Finally, I think this is my most unforgettable trip. I hope everyone can go to Japan.

Hui Ming Ngai, Ken (Form 2)



Last summer holiday, I went to Cheung Chau with my friends and teacher, Mr Kam. Why did we go to Cheung Chau? It is because it is convenient to get there and there are lots of activities we can do there, for example, riding bicycles, playing basketball and going to the beach to swim, as well as try local food. We went there by ferry and stayed there for 2 days.

On the second day, the weather was extremely hot. In the morning, we went to a restaurant for breakfast. The restaurant is very famous on Cheung Chau. In the afternoon, we rode bicycles and then we went on an adventure to Cheung Po Tsai. In the evening, we went to a seafood restaurant to enjoy our meal. The food was very rich, for example, fish, crabs and oysters. At night, we played some fun like UNO Poker and lucky draw.

I strongly recommend a trip on Cheung Chau. I'd love to visit again one day if I can. Although it was a short trip, I did enjoy it a lot!

Leung Pui Keun, Kenny (Form 2)



When I was just four years old, I travelled to Korea for the first time. I felt really excited because I knew that Korea had much tasty food and I was going there to have fun with my family. We went to Korea because my dad loved the customs of this country, but we only stayed in this beautiful country for three days.

In Korea, the hotel was very clean and the food was delicious.

We also went to Lotte World, where there were many types of amusement rides to go on. There is also a zoo inside. Although the bears were so big, they were cute too. I felt scared because the tiger looked very ferocious but I still took photos with it.

I was glad that I met a new friend called Kobe. She was older than me and she was so friendly. One of the activities on this tour was to learn how to make kimchi, a Korean traditional food. The Koreans eat this at nearly every meal. After we knew how to make this tasty kimchi, we needed to make more and send to the homes for the elderly.

Finally, it was time to go back to Hong Kong. We could see the beautiful view of the Seoul from our hotel room as we packed our luggage. It is really a picturesque place. I think this tour was really meaningful because we learnt how to make kimchi and gave it to the elderly. I love this country very much. I hope I can go there every year.

Tsoi Wing Chin, Agnes (Form 2)

